

VIDYA BHAWAN BALIKA VIDYAPEETH , LAKHISARAI

CLASS – 4

CHAPTER – 5

SUBJECT – SCIENCE

ADAPTATION IN PLANTS

DATE 16-07-20

SUBJECT TEACHER – SONI KUMARI

Based on NCERT pattern

PLANT THAT CAN HEAL

India is known for its herbs and spices since the ancient times .

2000 plants have been described in the Ayurvedic and about 500 of them are in regular use .

SOME INDIAN MEDICINAL PLANT

Neem : - The leaves , bark and fruits of this tree have high antibiotics and antibacterial properties .

Jamun :- The Powder made from the seeds of this tree is very effective in treating diabetes .

Bamboo : - The leaves of this tree are used to cure eye sores . It's gum is used as a tonic .

Arjun :- The fresh juice of its leaves is used to cure ear ache It also regulates blood pressure .

Sarpgandha : - This herb is found only in India . It is very effective in controlling blood pressure .

Kachnar : - It is used to cure asthma and ulcers . It's buds are good for treating the problems of digestive system .

HOME WORK

Do ch – 5 Q . A